Safe Routes to Healthy Food: Where Food Access and Active Travel Intersect

December 1, 2016
About the National Partnership

We are a nonprofit organization that improves the quality of life for kids and communities by promoting active, healthy lifestyles and safe infrastructure that supports bicycling and walking.

Equity is at the forefront of our work.
Webinar Housekeeping

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Webinars

One of the great ways that we love to share resources and expertise is through our regular webinars. Our webinars feature our staff and incredible advocates, Safe Routes to School program staff, government officials, elected leaders, and others from around the country sharing their knowledge and learning on a diverse range of topics.

Upcoming Webinars

January 14, 2016

The New Federal Transportation Bill: What’s the Impact on Safe Routes to School?

In this webinar, the National Partnership’s federal policy lead, Margo Pedrero, will review the changes to TAP along with other provisions in the FAST Act that provide opportunities for Safe Routes to School funding and policies that make communities safer for walking and bicycling. This webinar will include a substantial Q&A session.
TODAY’S SPEAKERS

**Marisa Jones**
Nutrition and Physical Activity Manager
Safe Routes to School National Partnership

**Caroline Harries**
Associate Director
The Food Trust
The Food Trust

Ensuring that everyone has access to affordable, nutritious food and information to make healthy decisions.
For too many people, getting to the grocery store, or wherever they get food, is a serious challenge.
Census Tracts With Over 100 Households with No Vehicle Access and are More Than ½ Mile from Closest Grocery Store

Food desert challenges

For elderly people and families with small children, the challenges can be even more acute.

Photo Credit: Karen Beate Nøsterud - norden.org via WikiMedia Commons
Safe Routes to Healthy Food
Active transportation is human-powered transportation.

Active transportation modes include walking, biking, scooting, rolling in a wheelchair, riding bike share, using public transit, car share.
What do we mean by healthy food access?
Accessing healthy food is a challenge for many Americans – particularly in low-income neighborhoods, communities of color, and rural areas.

Available at: http://thefoodtrust.org/food-access/publications
The alternatives in many places
Low-income families are more likely to rely on active transportation to access groceries compared to 95% of households not participating in SNAP, only 66% of SNAP households use their own vehicle to get to the store where they usually shop for groceries, compared to 95% of households not participating in SNAP.


Only 49 percent of low-income communities have sidewalks.

Source: Bridging the Gap, Income Disparities in Street Features that Encourage Walking, 2012
Whereas 90 percent of high-income communities have sidewalks.
Racial Disparities in Bicycling and Pedestrian Fatalities

**People Killed While Walking**
- African American: 2x as likely
- Latino: 2x as likely
- White

**People Killed While Bicycling**
- African American: 30% more likely
- Latino: 23% more likely
- White

*Governing, August 2014*

*Centers for Disease Control and Prevention, 2001*
Black residents are six times more likely to use public transit that whites and Latinos are three times more likely.

Safe Routes to Healthy Food are needed in rural areas, too

More than 1.6 million rural households in the U.S. do not have access to a car.

Safe Routes to Healthy Food

Healthy Food Access

Active Transportation

Safe Routes to Healthy Food
Incorporating healthy food access into pedestrian master plan
Siler City, North Carolina
Analyzing food environments as part of regional transportation planning
Nashville, Tennessee

Photo Credit: www.walkbikenashville.org
Setting food access as a goal for a transit system
Philadelphia, Pennsylvania

• Southeastern Pennsylvania Transportation Authority (SETPA) identified “Improving Access to Local Food Via Transit” as a goal in its Sustainability Plan.

• The stated goal is to bring fresh food within 10 minutes of 75% of residents.
Connecting food assets with active transportation infrastructure
Rosebud Indian Reservation, South Dakota

Site plan photo credit: REDCO (Rosebud Economic Development Corporation http://www.sicanguscribe.com/keya-wakpala.html)
Incentivizing walking & biking to farmers markets
Spartanburg, South Carolina

Photo source: http://www.masc.sc/Pages/newsroom/uptown/november-2014/Making-healthy-food-accessible.aspx
Co-locating edible foods along multi-modal trail
Palmer, Alaska
Providing accommodations & services for people on bikes
Portland, Oregon
Providing free public transit to summer meal sites
Huntsville, Alabama

Improve health
Promote economic equity and vitality
Increase efficiency
Improve connectivity
Build social capital
Engage community members
Convene stakeholders
Integrate SRTHF into local plans
Seek community input on site accessibility
Work with transit planners
Join us for a
#MoveEquity Tweetchat

Safe Routes to Healthy Food
Making it easy, safe, and convenient to access healthy food by foot, bike, or transit

Wednesday, December 14
1 pm Eastern

@SafeRoutesNow @TheFoodTrust @AmericaWalks @SaludToday @Voices4HK @AL_Research

Join the conversation
Questions?
Contact Info

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Please take our survey!
Thank you!

Join us for our next webinar on our Walking School Bus Toolkit

January 11th at 10am PT/1pm ET