Who is NCHPAD?

- As a National Center on Health Promotion for People with Disabilities funded through CDC-NCBDDD, NCHPAD works to improve the health, wellness, and quality of life of people with disability.
- NCHPAD.org features a variety of resources and services which can benefit all ages and populations.
- NCHPAD supports the accessibility and inclusion of people with disability in existing and future public health promotion programs geared toward improving their physical activity, nutrition and healthy weight management.
LAKESHORE

THERE IS NO PHYSICAL LIMIT TO HUMAN ACHIEVEMENT.
What is Inclusion?

Inclusion assumes that all children, regardless of ability or disability, have the right to:

– Be respected and appreciated as valuable members of the school community

– Fully participate in all school activities

– Interact with peers of all ability levels with opportunities to develop friendships and learn and respect differences
How can communities

Get from Here...

To Here...
Inclusion and the 6 E’s of Safe Routes to School

- **Education**: Students, parents and staff/volunteers
- **Encouragement**: Group competitions, involve disability orgs
- **Engineering**: Survey walking routes
- **Evaluation**: Ask parents and students about access
- **Equity**: Same opportunity for all students with disabilities
- **Enforcement**: Work with law enforcement to address barriers to participation (e.g. parking in front of curb ramps)
Inclusion Happens Through Partnership

- Need base of knowledge in inclusion, but SRTS personnel do not have to be experts
- Start with “natural” supports already in school
  - Allied Health, special education, adapted PE, parents & students
- Look to community partners
  - Special recreation personnel, disability organizations, public works/planning
- Use National Resources
  - NCHPAD, US Depts of Ed and Transportation, National Aging and Disability Transportation Center (NADTC), National Council on Independent Living, Regional ADA Centers
Discover Inclusive Safe Routes to School Guidebook

• Inclusive planning and design accommodation recommendations

• Enhances understanding and participation of students walking to and from school
Inclusive Policy Guidelines

• Covers each of the 9 Guidelines including:
  • Why do this?
  • How to do this
  • Examples
  • Resources
Thank you!

NCHPAD offers a free information service on a wide variety of topics related to physical activity, health promotion, recreation, sports, leisure, nutrition, disability and chronic health conditions.

Voice & TTY
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Online Live Chat
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