

Implementing Safe Routes to School in Low-Income Schools and Communities

Margo Pedroso, Deputy Director Safe Routes to School National Partnership









Today's Webinar

Webinar agenda:

- Margo Pedroso, Deputy Director, Safe Routes to School National Partnership (10 minutes)
- Bill Swiatek, Senior Planner, Wilmington Area
 Planning Council, Wilmington, DE (15 minutes)
- Christy Filby, parent champion, Ridgewood
 Elementary School, East Moline, IL (15 minutes)
- Q & A (15-20 minutes)

Instructions:

- The conference call is muted for all participants (*6 unmutes)
- To submit a question, type into the "Q&A box" at the bottom of your screen and click Send. You can ask at any time, but we'll hold questions until the Q&A time for responses.
- The webinar is being recorded for future viewing







Safe Routes to School National Partnership

Federal-level advocacy

- Actively lobby Congress to strengthen and expand the federal SRTS program
- Liaison with federal agencies (DOT, First Lady, HHS)

State-level policy change

- Networks in 20 states (10 are new as of January)
- Monitor and work to improve state-level implementation
- Leverage network of partners to secure policy change

Resources and support

- Produce best practices, reports, and research
- Technical assistance on Safe Routes to School policy and practice at national, state and local levels
- Join our network of nearly 500 partners at <u>http://www.saferoutespartnership.org/about/join</u>



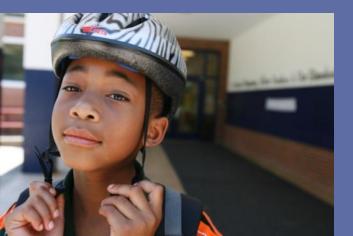




SRTS and Low-Income Communities

Why focus on low-income schools and communities?

- Perception among many funders and policymakers that SRTS is only benefiting middle or higher-income schools and communities
- Lack of national attention on best practices and examples of SRTS interventions in low-income schools and communities
- Not many technical assistance resources focused on the unique challenges facing SRTS implementation in these communities







SRTS and Low-Income Communities

The facts

- 41% of children (29.9 million children) are from low-income families
- Children from low-income families are twice as likely to walk to school as children from higher-income families
- Children from low-income households have a higher risk of being injured or killed as pedestrians—often due to neighborhood barriers







SRTS and Low-Income Communities



Implementing Safe Routes to School in Low-Income Schools and Communities

A Resource Guide for Volunteers and Professionals



New resource guide attempts to fill that gap

- Called "Implementing Safe Routes to School in Low-Income Schools and Communities"
- Available at <u>http://www.saferoutespartnership.org/</u> <u>lowincomeguide</u>
- Funded by the Centers for Disease Control and Prevention and the American Public Health Association





An Overview of the Resource Guide

Getting Started with Safe Routes to School SAFE ROUTES TO SCHOOL

- Builds on existing resources to help get SRTS started
- But has specific tips for low-income communities on partnerships, champions, tailoring SRTS to your needs and assets, and more

Promising Practices

- Includes an overview and explanation of 6 challenges commonly identified in low-income schools and communities
- For each challenge, there are 2-6 community profiles and case studies
- Most sections also include sidebars with tips or more information



Addressing Challenges through Promising Practices

This section focuses on the most common barriers to implementing successful Safe Routes to & hool programs in low-income schools and communities. The following topks are addressed:

Personal Safety: Crime and Violence	
Community Readiness: Awareness and Attitudes	
A Shortage of Professional Expertise	
Limited Parental Involvement	
The Barrier of Distance to School	
Traffic Safety and the Built Environment	

Exh set ton includes a description of the challenge followed by promising practices that communities across the country have used to address the challenge. These local case studies help illustrate reak-world solutions that can be adopted by others. Exh set ton also includes links to websites that provide additional resources or information.







Key Sections of the Resource Guide

Personal Safety: Crime and Violence

- Children are 5 times more likely to walk and bicycle to school when safety is not a primary concern for parents
- Examples in the guide: more "eyes on the street" through parent patrols, walking school buses, community policing partnerships



Community Readiness: Awareness and Attitudes

- Parents who perceive physical activity as important to health who walk regularly themselves are more likely to have their children walk or bicycle to school
- Examples in the guide: social marketing campaign to engage parents, clubs and programs to diversify cycling





Key Sections of the Resource Guide

A Shortage of Professional Expertise

- Many low-income schools and communities do not have access to planners and engineers needed to apply for and implement SRTS.
- Examples in the guide: AmeriCorps volunteers, nonprofit and MPOs helping create travel plans, run programs, and install infrastructure

Limited Parental Involvement

- 51 percent of low-income parents say they have jobs that prevent them from becoming involved in school activities
- Examples in the guide: engaging older youth to lead walking school buses, training parents as advocates, tapping into non-parent volunteers







Key Sections of the Resource Guide

The Barrier of Distance to School

- In urban areas, school choice, charter schools and magnet schools create distance challenges
- In rural areas, just 2.7% of children live within 1 mile of school



 Examples in the guide: "Safety City" pedestrian education, using "drop off and walk" and on-school grounds walking programs

Traffic Safety and the Built Environment

- Low-income neighborhoods have greater traffic-related risks, and children from low-income families are more likely to be injured or killed while walking.
- Examples in the guide: parent crossing guards, infrastructure improvements, engaging students to measure safety issues and advocate for change





Moving Forward

What we want to see result from this new resource guide

- An understanding that it takes all of us working together to make sure SRTS is successful in all schools, regardless of income
- Hope the guide and webinars bring more awareness to issues and solutions



 Want to encourage more nonprofits, DOTs, MPOs, school districts, etc. to offer assistance to low-income schools

Keep the conversation going:

- When we all talk about SRTS, use examples of SRTS in lowincome communities to change the perception it's only about, higher-income areas
- Share your success stories in low-income communities with <u>margo@saferoutespartnership.org</u>





Webinar Agenda

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