



# Safe Routes to School: *Getting Your Program Started...*

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# The Elk Grove Unified School District

## **Schools = 65**

- 39 elementary schools
- 9 middle schools
- 9 high schools
- 5 alternative schools
- 3 other

## **Student Demographics**

- 18% African American
- 1% American Indian
- 23% Asian
- 6% Filipino
- 26% Latino
- 2% Pacific Islander
- 24% White

**Student Population = 62,000**

**320 square miles in 4 jurisdictions**

## **Additional Student Information:**

- 51.6% Socio-economically disadvantaged students
- 15.6% English Learners
- More than 78 languages spoken



# EGUSD's Approach

## Creating a Systemic Culture

- Walk to School Day
- Coordinated School Health Program
- Policies, Resolutions and Recognitions
- School Siting
- Partnerships, Conferences and Training
- Grants



# EGUSD's Approach

Walk to School Day has become a fun annual celebration of fitness that includes banners, assemblies, prizes and public accolades for every participant.



# International Walk to School Day

- Foulks Ranch Elementary was the first Elk Grove Unified school to hold a Walk to School Day in October 2002.
- In 2005, 14 district elementary schools offered a Safe Routes for Kids training with the California Center for Physical Activity.
- By 2008, all 39 Elk Grove Unified elementary schools participated in Walk to School Day.
- Today, elementary, middle and high schools partner with parents to increase walking to school on a regular basis.



# Coordinated School Health Program

Focus on improving staff and student wellness through policies, initiatives, partnerships and communication that foster healthy lifestyles.



# EGUSD's Wellness Policy

- The Board of Education adopted and EGUSD began implementation on July 1, 2006.
- The policy sets goals for nutrition standards and education, physical activity, and other school-based activities that are designed to promote student wellness.
- The policy was developed with public input by the Coordinated School Health Program committee made up of teachers, parents, students, district staff, community members and health professionals.



# Safe Routes to School Policy

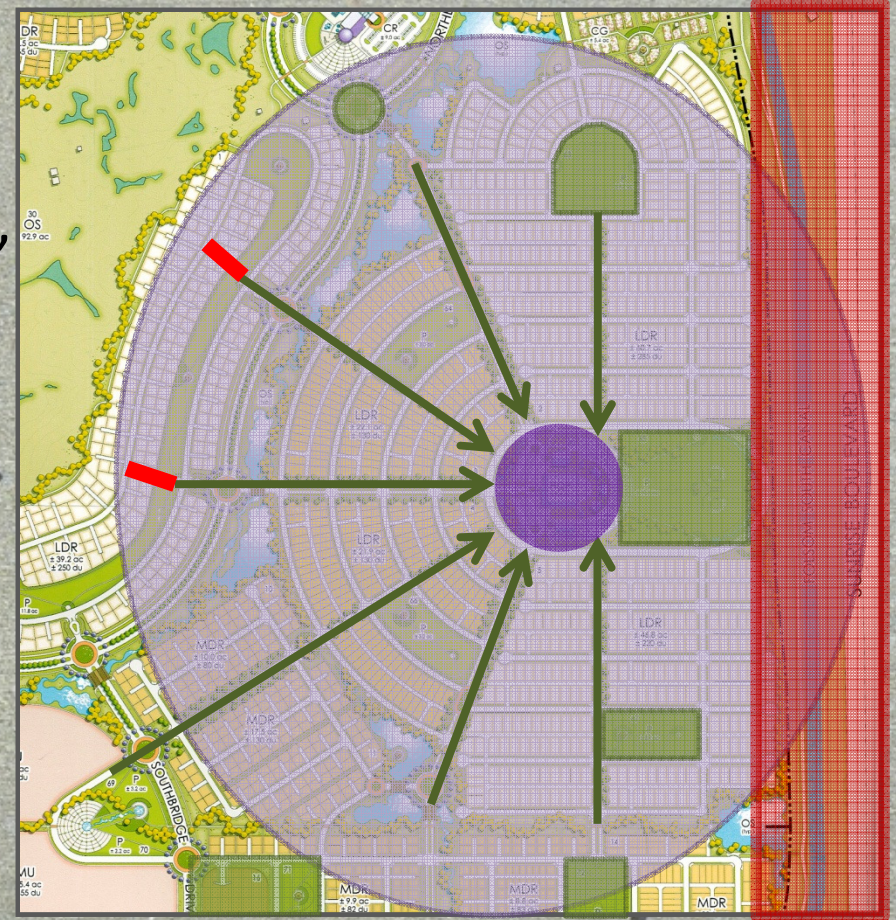
- The EGUSD Board of Education adopted a Safe Routes to School Program Board Policy in January 2010.
- The policy calls for the development and implementation of strategies to establish and promote safe routes to school program activities.
- The policy calls for the exploration and collaboration with other local agencies to seek grant funds and other funding sources to support projects and activities.





# School Siting

- Near center of neighborhood & potential attendance area
- Impact of major streets, highways, railroads, canals, etc. as barriers
- Street and trail patterns provide direct routes to school
- Adjacent and nearby parks & commercial parking lots provide starting points for walking school buses & bike trains
- CA Education Code entails multiple school siting requirements



# Resolutions

The EGUSD Board of Education passes an annual resolution in recognition of International Walk to School Day.



# Government Partnerships

- Joint Resolutions
- Police and emergency responders
- Grants



# Local Organization Partnerships

- Conferences
- Workshops
- Communications



# Grant Projects

Sacramento County

**2004-2005**

## **Florin Elementary School**

- Sidewalks, curb ramps, crosswalks, traffic control devices, speed control improvements, shoulder stripping

**2006-2008**

## **All K-8 schools in Sacramento County**

- Walkability/bikeability audits, events and programs

**2012**

## **Anna Kirchgater Elementary School**

- Sidewalk, curb, gutter and curb ramps



# Grant Projects

## City of Elk Grove

### City of Elk Grove

Laguna Creek Parkway Trail

- Off-street trail

Elk Grove Creek Trail

- Off-street trail

Jack Hill Bridge

### City of Rancho Cordova

Walking maps for parents



# Grant Projects

## Non-Infrastructure

**2012**

### **Elk Grove Unified School District – Project AWARE**

- Advancing Walk And Roll Environments
- Funds a District-wide SRTS Coordinator
- City of Elk Grove serves as the required Responsible Agency
- Funds program for four years

